

Ayurvedic Baby Child Massage





Learn how to massage your baby / child for:

- Muscle relaxation
- Belly cramp relief
- Better breathing and oxygenation of the baby's body
- Improved sleeping behavior
- Physical and emotional development



WITH ORGANIC VEGETABLE OILS

Additional Shantala Massage benefits:

-  A stronger relationship between caregiver and baby and,
-  Improved ability of caregiver to identify baby's needs.

* A baby can receive massage starting at 6 weeks after birth

* This technique can be applied to children up to 7 years old

* Very beneficial for babies with Down Syndrome or Cerebral Palsy

* Close relatives (mother, father or grandparents) can learn to apply the massage



MASSAGE & WELLNESS

Email : shantalacuracao@hotmail.com

Website : www.syrmassage.com